



Urban Youth *Summit*

A TEEN PREGNANCY PREVENTION INITIATIVE

“The Power of One: Making A Difference”



Saturday, May 6, 2006
James H. Rainwater Conference Center
Valdosta, GA

Sponsored by
South Health District 8-1
Office of Adolescent Health & Youth Development
Office of Health Promotion
Lowndes Teen Plus Center
Tift Teen Health Center

Urban Youth Summit

History

The vision and inspiration behind the Urban Youth Summit 2006 evolved from the efforts of the Lowndes Teen Plus Center Staff to recognize May as Teen Pregnancy Prevention Month. Mrs. Annette Davis led an organizational initiative that developed into a local annual observance event. The observance served as a focal point for the gathering of area organizations dedicated to providing comprehensive health education and services to local youth populations.

The Urban Youth Summit 2006 marks the transition of the Teen Pregnancy Prevention Month observance to include youth from all counties of the South Health District 8-1. Ultimately, the Urban Youth Summit 2006 stands an example of resiliency and dedication towards collaboration in the best interest of our youth and their positive development.

Purpose

The purpose of the Urban Youth Summit 2006 is to create an atmosphere where modern youth subculture is woven into the fabric of education, presentation, and interaction throughout the activities and programs of the day. The failure of adults and youth to compromise and attempt to maintain effective dialogue on social concepts regarding youth behavior and perspectives serves as a great barrier in creating meaningful communications in all aspects of the community. As a result, the Urban Youth Summit 2006 seeks to break this barrier and empower all participants through an increased perspective on their life's challenges and ability to communicate with others in a more effective manner.

Urban Youth Summit 2006 Planning Committee

Dale Niday, Planning Committee Chairperson
Percy L. Chastang Jr., Conference Coordinator
Lauren Lester, Conference Coordinator
Annette Davis, Lowndes Teen Plus Center
Cynthia Sharper, Lowndes Teen Plus Center
Debra Adams, Lowndes County Health Department
Cindy Brady, Tift Teen Health Center
Crystal Terrazas, Tift Teen Health Center
Dianne Riley, Chronic Disease Prevention
Lynn Harmon, Women's Health
Lisa Phelps, Volunteer Coordinator
LaKeasha Sims, Tift Teen Health Center
Priscilla Register, Chronic Disease Prevention
Brenda Mims, Office of Infectious Disease

Event Schedule

8:00-8:45—Registration

8:45-9:00—Welcome

Percy L. Chastang II

9:00-9:50—Keynote Address

Dr. Stephen Sroka

10:00-10:30—Concurrent sessions—Youth and Adult

Featured Speakers

10:40-11:10—Concurrent sessions—Youth and Adult

Featured Speakers

11:20-11:50—Concurrent sessions—Youth and Adult

Featured Speakers

12:00-1:30—Lunch, talent, entertainment

1:30-2:00—Concurrent Youth sessions, Adult health screening

Featured Speakers, South Health District staff

2:10-2:40—Concurrent Youth sessions, Adult health screening

Featured Speakers, South Health District Staff

2:50-3:30—Evaluation, raffle, closeout

Keynote Speaker



Presenter

Stephen R. Sroka, Ph.D.
President, Health Education Consultants
Adjunct Assistant Professor, School of Medicine
Case Western Reserve University

www.DrStephenSroka.com

Keynote Address: The Power of One to Make a Difference, Doing the Right Thing, Right Now!

Drugs, Sex, Violence and Youth. This is a high energy, multimedia, motivational prevention education presentation that uses research, humor and inspiring real-life stories to help you discover your Power of One to Make a Difference and Do the Right Thing, Right Now!

Participants will leave with an unforgettable message filled with an incredible sense of hope and joy that with education, helping one another, and believing in yourself, you have the Power of One to change schools, communities and lives.

Change is inevitable, growth is optional. You have the Power of One to Change the Future. Let's start today!

Breakout Sessions—Youth

“What’s Up Doc?”

A Question and Answer Session with Dr. Sroka

UYS youth participants join Dr. Sroka in a candid, open, no-holds barred discussion centered upon what is on their minds. In today’s war on saving the future for youth, Dr. Sroka should be considered as a war room general with a frontline soldier mentality. A rare opportunity for local youth to get up close and personal with a great mind.

“Seriously Troubling Dilemmas”

The Dirty Low Down on Sexually Transmitted Diseases

Public Health employee Stephanie Allen shoots straight from the hip with an honest dialogue concerning the possible consequences and pitfalls of contracting sexually transmitted diseases. As an Outreach worker in the Tift Adult Health Clinic, her message is a must-hear talk rooted in the cold reality of STD rates for teens in Georgia.

“The Dating Game: Know the Rules”

Teen Dating and Relationship Safety

Kathryn Keith Sims tests the dating safety knowledge of youth participants and takes them through a crash course in understanding the importance of safety within the dating game. Ms. Sims is the Executive Director of Safe Campuses Now, an Athens-based nonprofit dedicated to crime awareness, education and prevention for high school and college students.

“Abstinence: The Perfect Alibi”

An Abstinence Message for Teens

Young, single and abstinent...Gary, Indiana native Darren Washington gives a firsthand account of the benefits of waiting until marriage. Mr. Washington stands as a three-dimensional, breathing representation that abstinence is the only 100% effective method to prevent unwanted pregnancy and STDs.

“Aerobics: The Mind & Body Connection”

Strategies for Improving Body Image and Self Esteem

Youth participants step outside and join fitness guru Maria Glisson from Southern Bodies Fitness Center in a session highlighting unique exercises such as kickboxing, as well as an overview of nutritional information and the importance of H₂O.

Breakout Sessions—Adult

“The Message in the Madness”

Best Practices in Youth Development: Spoken Word Poetry

There is something special happening in Valdosta, and it goes by the name of Poetic Magic. A local spoken word poetry group provides a journey into the power of youth expression. Youth Poets will share original pieces of literary art carrying incredible messages of hope, pain, disappointment, achievement, and faith. All presented on a level that many adults did not know modern youth could exist upon. Coffee anyone? Snap. Snap.

“Dot-Com Danger”

Your Child and Internet Safety

Often times, it’s difficult to think the unthinkable, but it is always good to be prepared. Lowndes County Sheriff Corporal Steve “Stevearuski” Harris provides insight on today’s troubling trend with Internet predators. Corporal Harris shares his 25 years of experience with the criminal knowledge and imparts extremely important information on recognizing the threats of computer technology.

“A Two-Way Street Called Communication”

Tips for Effective Communication with Today’s Youth

Professor Peggy Clemons RN, MSN, encourages adults to take a few deep breaths and look objectively at strategies designed to allow for more effective communication. Currently, Professor Clemons serves as an Assistant Professor at South Georgia College and brings to the discussion over 30 years of mental health experience....sssh, listen.

“Know Your Score”

Cholesterol, Blood Sugar, and Blood Pressure Screening

The Chronic Disease Prevention Office of the South Health District 8-1 will sponsor a free health screening for adult Urban Youth Summit participants. Participants will receive a cholesterol/blood sugar screening, a blood pressure check, a body mass index (BMI) calculation. All persons being screened will have an opportunity to review results with a health care professional.

Housekeeping Items

Registration

Due to space limitations, conference registration will be limited to 500 youth participants and 250 adult participants. All participants must complete and submit a registration form. The deadline for registration is **March 31, 2006**.

For multiple or large group registrations, please photocopy form. Additional forms may be obtained at www.southhealthdistrict.com under the Program Highlight section. Click on the UYS 2006 link to download blank application in PDF format.

Child Care

There will be no on-site child care available for adult or youth participants. Registration is open to all youth ages 13 and up.

Meals

All Urban Youth Summit 2006 participants will be provided with lunch at no charge. At registration, all participants will be provide with a snack (fruit) and juice. No continental breakfast will be available. The schedule will not allow for the purchase of vending items during the breakout sessions.

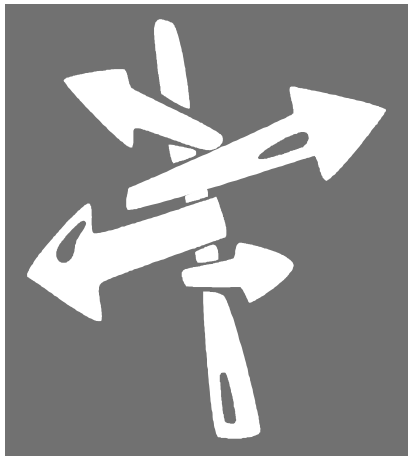
Parking

All Urban Youth Summit 2006 participants will have access to free parking at the James H. Rainwater Conference Center.

Contact Information

For more information, questions, and or comments, contact:

Percy L. Chastang Jr./ Lauren Lester
Urban Youth Summit 2006
Office of Adolescent Health & Youth Development
600 N. Patterson Street
Valdosta, GA 31601
(229) 253-0882, ext. 104 / 106
lelester@gdph.state.ga.us



DIRECTIONS to the CONFERENCE CENTER

James H. Rainwater Conference Center

1 Meeting Place
Valdosta, Georgia
31601

From North of Valdosta—Take Interstate 75 South to Exit 16. Turn left off ramp onto US-84 (W Hill Ave). Travel east to 2nd stoplight and take left onto Norman Drive. Take next left onto Meeting Place. Conference Center will be on your left.

From South of Valdosta—Take Interstate 75 North to Exit 16. Turn left off ramp onto US-84 (W Hill Ave). Travel east to 1st stoplight and take left onto Norman Drive. Take next left onto Meeting Place. Conference Center will be on your left.

From East of Valdosta—Take US-84 West (W Hill Ave) through downtown. Take right turn onto Norman Drive. Take next left onto Meeting Place. Conference Center will be on your left.

From West of Valdosta—Take US-84 East (W Hill Ave). Cross under I-75, travel to 2nd stoplight and take left onto Norman Drive. Take next left onto Meeting Place. Conference Center will be on your left.

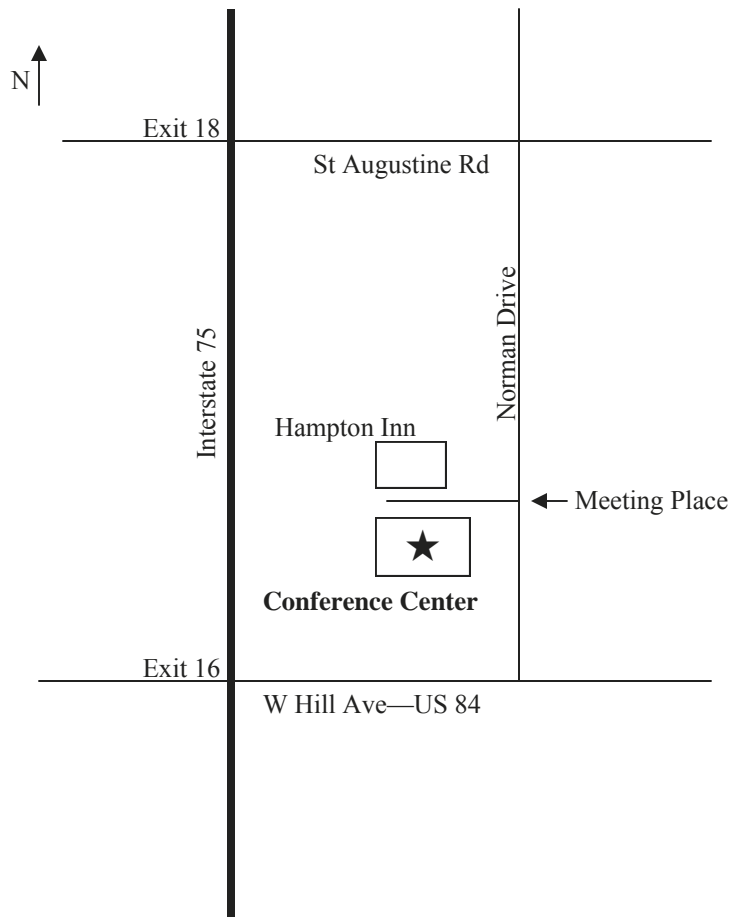
VALDOSTA LODGING INFORMATION



Host hotel for Urban Youth Summit
Hampton Inn & Suites-Conference Center
2 Meeting Place
229-241-1234

Other area hotels

LaQuinta Inn & Suites 1800 Clubhouse Dr 229-247-7755	Sleep Inn & Suites 3026 James Rd 229-671-1111
Days Inn 1827 W Hill Ave 229-249-8800	Super 8 Motel 1825 W Hill Ave 229-249-8000
Comfort Inn 2101 W Hill Ave 229-242-1212	Courtyard by Marriott 1564 Baytree Rd 229-241-1301



**URBAN YOUTH SUMMIT
CONFERENCE REGISTRATION FORM**
Saturday May 6th, 2006- Rainwater Conference Center, Valdosta, Georgia

Deadline to register is March 31, 2006. There is no registration fee.

This form is available to print online at www.southhealthdistrict.com, under the Program Highlight section. Please complete one form for each person who plans to attend.

Name _____

Name of School or Organization _____

Address _____ City _____

State _____ Zip _____ Phone (____) _____

Age _____

Gender

Male OR Female

Race

American Indian or Alaskan Native

Asian

Black or African American/non-Hispanic

Hispanic or Latino

Native Hawaiian or Pacific Islander

White/ non-Hispanic

Multiracial

How did you hear about the Urban Youth Summit?

Received save-the-date card

From my school

From a friend

From radio or newspaper ads

From the South Health District website

Other: _____

Please check any special needs you have

Wheel chair

Hearing impaired

Sight impaired

Food allergies or special diet required _____

Other _____

*If you would like a confirmation of your (or your group's) registration, please include an e-mail

address where we may contact you: _____

Mail completed registration form to: Urban Youth Summit

ATTN: Registration

600 N. Patterson St.

Valdosta, GA 31601

OR

Fax completed form to:

(229) 253-1346

ATTN: Urban Youth Summit